



BOUNTIFUL NORTH CANYON FIFTH WARD

SPIRE

January 2020

What Is Love? *by Brother Randon Jensen*



Ahhh, ... Love. Amor. Aloha. Kjærlighet. L'amour. Ai. Agápi. Lyubov' . . .

With St. Valentine's day precisely in the middle of this month (well, technically not this month due to the 1/4 turn of the earth we miss every year), our thoughts turn to love. Commemorated to honor the Catholic patron saint of love, a man who ministered to persecuted Christians in the middle ages, our contemporary celebration of this "holiday" has various aspects. But, what is love? It is defined and felt in many different ways, and how one person feels and shows love is different from how another person feels and shows it. How do you feel it? How do you show it?

According to the entry for "love" under the "Gospel Topics" section of our scriptures: "Love is a feeling of deep devotion, concern, and affection" We manifest our love for Heavenly Father by keeping His commandments and serving His children. Our expressions of love for others may include being kind to them, listening to them, mourning with them, comforting them, serving them, praying for them, sharing the gospel with them, and being their friend. Our love for those around us increases when we remember that we are all children of God - that we are spirit brothers and sisters.

The love that results from this realization has the power to transcend all boundaries of nation, creed, and color."

In addition to feelings of deep devotion, concern and affection, I have heard love defined as putting the needs of another person (or principal) above your own. In that sense, is love synonymous with sacrifice? Must you sacrifice your needs and wants in order to show love to others and to God? If so, can you sacrifice your needs and wants for the benefit, service and happiness of another without sacrificing your own happiness in the process, and do so willingly, with sincere intent? Or can you love someone who does not love you in return? I am not sure, but based on my rudimentary understanding of the Atonement of Jesus Christ, He made the ultimate, eternal and infinite sacrifice for the benefit of others - willingly and sincerely putting our needs above his own - all out of pure love for countless numbers of people, some of which do not love Him in return.

According to the Beatles, it is all you need. So why is love so important? As noted above, love "has the power to transcend all boundaries of nation, creed, and color." For those who are parents, think about the love you have for your children and think how it warms your heart to see your children love each other.



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Congratulations!

Cassie & Brodie Jesperson - on the birth of their son
 Talicia Porter - has received her call to the Missouri St. Louis Mission, enters the MTC February 19th
 Ethan Hansen - has received his call to the Pennsylvania Philadelphia Mission, enters the MTC May 6th

New Ward Callings

Leslie Hansen - RS Secretary
 Larry & Kay Gerber - Building Cleaning Coord.
 Bill and Dixie Albright - Building Cleaning Coord.
 Zach Kitchen - SS Gospel Doctrine Instructor
 Anita Ralph - SS Gospel Doctrine Instructor
 Keith Radley - SS President
 Andy Schnebly - SS 1st Counselor
 Mitchell Dalley - SS 2nd Counselor
 Michael Dalley - Stake YM 1st Counselor
 Kyle Wilson - Emergency Preparedness Coord.
 Andy Schnebly - Self-reliance Instructor
 Jonathan Waters - Self-reliance Instructor
 Jason Mortensen - Building Security
 Richard (Rick) Tolman - EQ 2nd Counselor



Haylee Shirley turned 16 in January - the magic age for teenagers! Haylee is a very fun-loving person who is witty on-the-fly and loves debate. She is smart and loves hanging out with her family. Haylee is true to the core and will always root for the underdog in anything. Her family says

life would be very boring without her around. Have a fantastic year, Haylee!

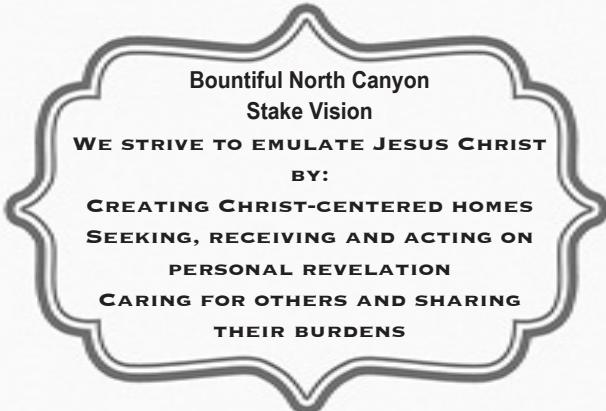


Becca Draper is a sophomore at WXHS. She loves volleyball, manicures and her pet gecko, Doris. Strong-willed, sometimes sassy, and often surprisingly sweet is how her family describes her. Some of her goals at the present time include obtaining her driver's license, exploring a career in cosmetology and getting her father to give her more text time on her phone! Bec enjoys babysitting, hanging with friends and eating Funyuns. She is a great kid who is beyond excited to be turning 16 this month. Her family loves her mucho!



McGuire Barton will be turning 12 in February. He's so excited to be in the deacon's quorum. He loves sports and physical activity like football, basketball and skateboarding. He is even on his school's cross country team. He's a great brother to two sisters and

a brother. His parents describe him as considerate, warm-hearted and witty. Sounds like it's going to be a great year! Happy Birthday, McGuire!





Last month in Relief Society we enjoyed an incredible lesson taught by Brooke Freebairn. Her lesson focused on the conference talk “The Power to Overcome Adversity” by Elder Peter Johnson. We learned that if we desire to defeat the three Ds, Deception, Distraction and Discouragement, we must strive to “everyday, everyday, everyday” to love God and others, pray, read the Book of Mormon and remember the covenants we renew as we partake of the sacrament weekly. If we do these things, Heavenly Father promised that we’ll have power against the adversary and that we will come to fully understand who we are as God’s sons and daughters. Elder Johnson said, “Brothers and sisters, thank you for all you do to become, and to help others become true followers of Jesus Christ and enjoy the blessings of the holy temple. Thank you for your goodness. You are wonderful; you are beautiful.”

We hope you each feel of His love for you this month and catch a glimpse of how He sees you. Our challenge for you this month is to reach out in genuine friendship to your ministering sisters and make sure they feel your love and concern. February is the month of love and we hope that our neighborhood is filled with it this month. Sister Aburto taught, “Ministering isn’t so much what you do, but what you feel and how that person feels.” We thank you in advance for all you feel and do.

Near the end of the month we enjoyed a fantastic Relief Society activity at the church, taught and prepared by Alissa Loftus and her awesome committee. Those who attended the activity not only learned about finance, trusts, budgeting and estate planning, but also enjoyed delicious crepes filled with all their favorite toppings. It was such a great, delicious way to start off the year!

Next month we will be combining with the 3rd Ward on **Tuesday February 11, for a special guest speaker, Jenny Layton “The Happy Gal,”** who will teach us about getting organized and how it brings us peace and happiness. To get a sneak peak at more about our guest speaker go to: www.thehappygal.com.

Love, Your Relief Society Presidency

RS Lesson Schedule

February 2020

- **Feb. 9** - “*Covenant Women in Partnership with God*”
• by Pres. Henry B. Eyring/Brooke Freebairn
- **Feb. 23** - “*Your Great Adventure*”
• by Elder Deiter F. Uchtdorf/Mindie Dalley



January 21, sisters met to learn about financial planning from Sister Alissa Loftus, who is an accountant.



Afterwards, a crepe bar and lots of visiting were enjoyed! Thanks to Sister Loftus and her committee!

ELDERS QUORUM

Brethren,

We express our gratitude to those of you who continue to be examples of Christ-like love as you fulfill your ministering assignments. A lot of good is being done in our ward and neighborhood as elders and their companions watch out for those among us in need. If you fall short in your ministering, let us encourage you to make contact with those to whom are assigned to minister and see what needs there are that you can fill. The Lord will bless you in your efforts.

Part of our ministering obligation, as outlined by the brethren in General Conference, is to make a report on a quarterly basis to our priesthood leaders concerning our families. That time has come again and you will soon be hearing from one of the quorum secretaries (if you haven't already) as they set appointments for you to meet with a member of the quorum presidency concerning your ministering. Please, please respond to the texts or phone calls from our secretaries when they reach out to you concerning your quarterly report. We will try to be as flexible as possible so we can find a time to meet with you.

We have also received the dates for filling our assignments at the Bountiful Community Church as they host homeless families. We are looking for teams of two brethren or a brother and his wife to fill assignments on Wednesday, February 5, and on Friday, February 14. There are two shifts on each of these dates - one from 5 to 8 p.m. to help with dinner and an overnight shift from 8 p.m. to 7 a.m. If you feel like you can help on either of these two dates, please contact a member of the quorum presidency.

Sincerely, Your Elders Quorum Presidency

Elders Quorum February Schedule:

Feb. 9 - *"Watchful unto Prayer Continually"* by Elder David A. Bednar/Matt Brice, facilitator

Feb. 23 - *"Closing Remarks/Individual Worthiness"* by President Nelson/Rob Aycock, facilitator



If you are a Block Captain or just interested in Emergency Preparedness, please consider becoming CERT - Certified!

What is CERT? CERT stands for: Community Emergency Response Team. By becoming certified you will know how to assist others following a disaster when professional responders are not available. Some topics include: Disaster Awareness, Search & Rescue, Treating Victims, Triage, Saving Lives, Transporting Victims, CERT Organization, Damage Assessment, Incident Command, Fire Suppression, Hazardous Materials, Terrorism Awareness, Medical Skills, Disaster Psychology & Communications.

Classes start February 20, and are held Thursday evenings from 6:30 PM - 9:30 PM at Fire Station 81 for 8 weeks. Call 801-677-2400 to register and for more information. Cost for the course is \$40 and pays for instruction, training materials, CERT book, CERT hard hat, CERT vest, gloves, backpack, flashlight, prybar, caution tape and more. Several people in our ward have taken this course and it's excellent for men and women!

Kyle Wilson - Ward Emergency Preparedness Coordinator

The start of our 2020 “Go and Do” year has been fun, exciting and busy. We started off in January with a great “Book of Mormon” activity by Leslie Butler. The next week, we learned all kinds of “Healthy Life Hacks” from Cami Jensen. And on the 29th, we had a wonderful Stake Youth and Parent Fireside about social media by Collin Kartner.

We are very excited to welcome our new YW class presidencies. They are already doing a fantastic job planning and leading the YW into action. YW Class (15-18) President: Greta Jensen, 1st Counselor: Lydia Loftus, 2nd Counselor: Sabrina Hooker and Secretary: Hannah Wilson. YW Class (13-15) President: Chilyn Barton, 1st Counselor: Bella Wright, 2nd Counselor: Eilee Davis and Secretary: Loni Tippetts. YW Class (11-13) President: Eliza Davis, 1st Counselor: Lily Freebairn 2nd Counselor: Bo Tippetts and Secretaries: Elsa Jensen and Grace Baker.

Youth should be watching for their FSY email and registering as soon as possible.

We are looking forward to this new year and all the great activities!

Shauna Sabey & the YW Presidency

Young Women Calendar February

Feb. 5 - YW activity 7:00 p.m.

Feb. 12 - YW activity 7:00 p.m.

Feb. 19 - YW activity 7:00 p.m.

Feb. 26 - YW activity 7:00 p.m.

YW Camp Dates: June 17 - 20



Sister Leslie Butler shares some of her favorite things about the Book of Mormon with the YW. Then, the girls silently read testimonies of some of their other leaders about the BOM.

Bishopric Message Continued from Page 1

I choose to believe our Heavenly Parents feel that same way when they see us show love to one another, to our neighbors, to our friends, to our family and especially to our enemies. To love someone who has hurt us is Christ-like in both quality and magnitude. It is the power that changes the world, or more importantly, that changes lives.

The psychologist Abraham Maslow theorized that “to love and be loved” is one of the primary needs of every person. That is certainly true for me. It is core to who I am - the desire, the need, the yearning to love and be loved. Could it be because it is part of the very nature of our eternal beings? After all, we were created through an act of love by a Being who is so synonymous with love that even His name is “Love.” Are we, then, only able to become our true selves when we learn to love and be loved like Jesus Christ and our Heavenly Parents? “Wherefore, my beloved brethren, if ye have not charity, ye are nothing, . . . Wherefore, my beloved brethren, pray unto the Father with all the energy of heart, that ye may be filled with this love, which he hath bestowed upon all who are true followers of his Son, Jesus Christ; that ye may become the sons (and daughters) of God; that when he shall appear we shall be like him, for we shall see him as he is; . . . Amen.” (Moroni 7:46-48).

Love, Fifth Ward Bishopric

From Our Missionaries

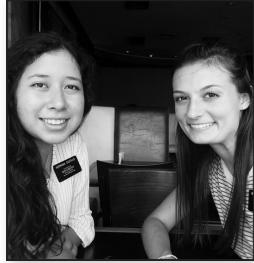
Sister Maggie Draper

ARGENTINA SALTA MISSION

Hola Amigos!!

All is well here in Salta, Argentina! I'd like to share my testimony on the immense blessings we can receive when we fast. Before the mission, I knew fasting was important, but at times I'd grouch and groan. If you know me, you know that I love to eat! But my perspective on fasting has changed drastically these past few months. Every time my companion and I fast together, we witness MIRACLES in the work! Sometimes fasting might seem tough, or tedious. It's truly a sacrifice! But I know that when we are willing to show our love for our Heavenly Father and Jesus Christ through our obedience to the commandments, we will receive blessings without number and experience great joy in this life. I love you all, and I love this Gospel. The Church is true!

Con amor, Hermana Draper



Sister Kierra Hansen

PORTUGAL LISBON MISSION

I know that my Savior lives and that this is His church restored to us here on the earth! The Book of Mormon is true and I know that our Heavenly Father loves each and every one of us!! I'm so grateful for my mission so I can learn how to really live and love the Gospel of Jesus Christ and that I can help other people do and feel the same!

Sister Hansen



Sister Sarah Wilson

OREGON PORTLAND MISSION

While I've been on my mission, I have grown a deep love and appreciation for the Book of Mormon. It is amazing. I have seen it change people's lives including myself. I know that God still speaks to us today and that the Book of Mormon is for us. It will help us, guide us, give us strength to endure trials, motivate us to be better people, comfort us and help improve the quality of our lives. The Book of Mormon has so much power it is really our shield of armor as we continue on in our lives in these last days. I know that it is true with all of my heart and would invite you all to read it, ponder and apply the principles it teaches. It will help you.

I love and miss you all but I am doing well as this past week I got transferred back into the temple visitors center and will stay there until I finish my mission in May. I hope you all are doing well and would love to hear from you! Spwilson@missionary.org

Sister Wilson

Sister Alexa Minson

TEXAS FORT WORTH MISSION

Recently, we had a missionary conference with Elder Renlund and we got to meet him! He asked where I went to school and I almost forgot! I was so excited! I cannot even begin to express the spirit that was there. At one point it hit me and the thought came into my mind, "Wow, he really is an Apostle of Jesus Christ." It was undeniable. I don't think I have ever doubted that but it really was just reconfirmed. I'm full of gratitude that those men were willing to come to Fort Worth Texas to speak with a bunch of kids like us. It had a huge impact. This is the true church. One of my favorite things at the conference was, "If they see the love in your eyes, they will open their hearts." Enjoy to the end!

Love, Sister Minson



Elder Nathaniel Rodgers

CAMBODIA PHNOM PENH MISSION

I'm still in the MTC, but I'm nearing the end of my time here. I've loved being here at the MTC because it's been a place I've been able to focus on building my relationship with Jesus Christ. Our Savior descended to our mortal level and experienced everything this life has to offer, even the most unimaginable bad. He did all of this for us, he did all of this out of love. The Book of Mormon teaches us so much about Him.

For the first time, while here at the MTC, I decided to focus solely on learning about Christ while reading it. The sermons about Him throughout the book of scripture teach so much, I've been blown away at how much the Book of Mormon truly testifies of Christ, who he is, his character, and how repentance is a beautiful gift we've been given, not a shameful punishment. I love my Savior and am so happy I can be on a mission to help others feel His love too. He's so merciful and so dearly wants all of us to come unto Him. I know this with my whole heart and can't wait to help the people of Cambodia feel this too! Thanks to the 5th Ward who helped so much in learning what Christ-like love and service truly is!



Love, Elder Rodgers

***Next month we will hear from Elder Hooker and Sister Hunter.

Serving Our Neighbors

On Saturday, January 11, helping hands in the form of neighbors and friends showed up at the home of Doug and Elsa Voorhees to move cinder blocks and other unwanted items from the home and property.

Unfortunately, our dear friends are both living in the Whisper Cove Care Center in Kaysville and will not be returning to their lovely home. It has now been put up for sale.

In one of the photos Sue Winegar, the Voorhees' daughter, is pictured expressing the gratitude of their family to the volunteers for their assistance.

The ward members extend our love and prayers to Doug and Elsa as they face this difficult time of life. Brother Doug is not doing very well, but Sister Elsa loves to have visitors.





Happy Birthday!

1.....	Matt Brice Indie Creighton Finn Larsen
2.....	Kody Samuelsen
4.....	Eden Gardner
8.....	Wesley Vedaa
9.....	Tatum Minson
10.....	Diana Rogers
11.....	Rebecca Draper Brynn Morrill
12.....	Eric Christensen Jacob Loftus Michael Petersen
13.....	Amy Hunter
14.....	James Gardner Kayla Ralph
15.....	Gloria Bushey Alicia Curtis
17.....	Phil Barnett Elyse Frank
18.....	Dorothy Christensen Hank Tippets Loni Tippets
19.....	Marek Miller
20.....	Dave Stuart
21.....	Misha Dalley
22.....	McGuire Barton Gayle Rafferty
25.....	Brighton Reed
26.....	Mercedes Mortensen
27.....	Isabella Wright
28.....	David Hansen Jenny Minson Andy Schnebly
29.....	Cedric Hunter



FLAG ASSIGNMENTS

Presidents Day - Monday

February 17 (No School)

1. Stats Family
2. Hooker Family
3. Hooker Family
4. Hansen Family (Josh)
5. Wright Family

Happy
Valentine's
Day



1 Nephi 18:3

And I, Nephi, did go into the mount oft, and I did pray oft unto the Lord; wherefore the Lord showed unto me great things.

“The repetition of certain phrases in scripture helps us to understand when we are seeing an important concept. *Great things* is one of those phrases. It is repeated more than sixty times and can be found in every volume of scripture. It is used to describe what God can do, what man can do with God, and what God has in store in days to come.

“Often, when the scriptures talk about the *great things*, it is an invitation for us to do something we have never done before so God can take us to a place we’ve never been before. The phrase *great things* leads us to think of miraculous moments, unexpected outcomes, and unlikely destinations.”

Sister Emily Belle Freeman tells of her experience when she had a very difficult pregnancy and went into labor at seventeen weeks and was on complete bed rest for six months. “When Grace was born, the doctor called her a miracle.” Sometime after they had returned home from the hospital, Sister Freeman’s father visited and encouraged her to write down the experiences she had so she wouldn’t forget how the Lord had blessed her. She did that, and when her daughter turned 18, she found the journal where she had recorded the events. So many of the *great things* she would have forgotten.

Write down the *great things* the Lord is doing in your life so you may not forget what God has done and is doing for you.

Excerpts from “Don’t Miss This in the Book of Mormon,”
by Emily Belle Freeman and David Butler