

North Canyon 5th Ward Spire

Bishopric's message

President Monson told the story of when he first met N. Eldon Tanner who was from Canada. During that first meeting, they discussed the cold Canadian winters. He asked President Tanner why the roads and highways in western Canada basically remained intact during such cold winters, showing little or no signs of cracking or breaking, while the road surfaces in many areas where winters are less cold and less severe developed cracks and breaks and potholes. President Tanner explained that the answer is in the depth of the base of the paving materials. In order for them to remain strong and unbroken, it is necessary to go very deep with the foundation layers. When the foundations are not deep enough, the surfaces cannot withstand the extremes of weather.

President Monson turned this response into a lesson for all of us. He taught that if we do not have a deep foundation of faith and a solid testimony of truth, we may have difficulty withstanding the harsh storms and icy winds of adversity which inevitably come to each of us.

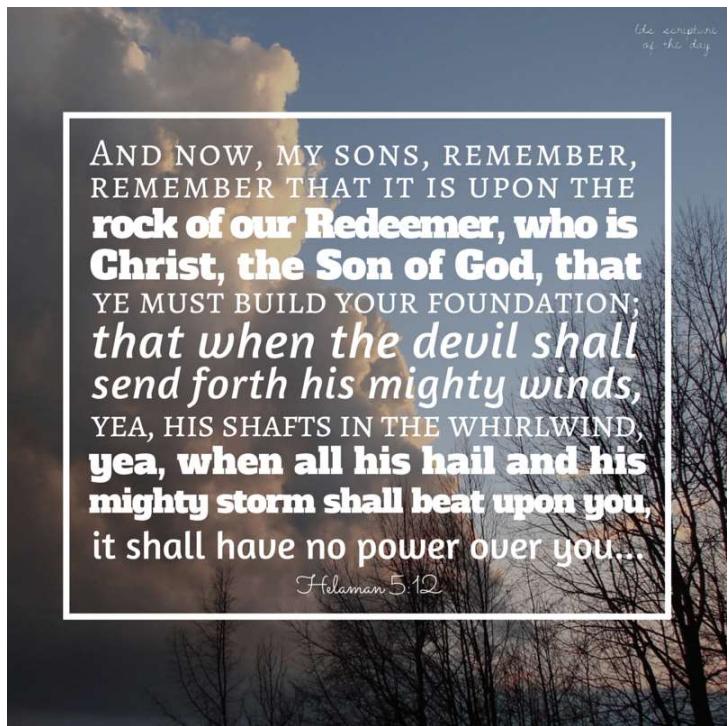
He offered three guiding principles to help us to build that strong foundation. The first is prayer. He asked us to pray with sincerity and meaning. Then he asked us to listen for His answers. As we do, we will be strengthened and blessed and will come to know our Father in Heaven. By knowing Him and trusting His will, our foundations of faith will be strengthened.

The second principle is scripture study. He encouraged all of us to continue to read and study the scriptures. As we do, we can better understand them and apply in our lives the lessons that are taught. Scripture study will strengthen our foundations of faith and our testimonies of truth.

The third principle is service. "And behold, I tell you these things that ye may learn wisdom; that ye may learn that when ye are in the service of your fellow beings ye are only in the service of your God" (Mosiah 2:17).

Not only do we need to do these things to build a strong foundation, but we need to continue to do them in order to maintain that foundation. If we do, we will be better prepared for the cold winter storms of adversity that can come upon us so quickly in life.

Marty Steckler and the 5th Ward Bishopric



AND NOW, MY SONS, REMEMBER, REMEMBER THAT IT IS UPON THE **rock of our Redeemer, who is Christ, the Son of God, that** YE MUST BUILD YOUR FOUNDATION; ***that when the devil shall send forth his mighty winds, yea, his shafts in the whirlwind, yea, when all his hail and his mighty storm shall beat upon you, it shall have no power over you...***

Helaman 5:12

Come Follow Me

January Come Follow Me

December 28 – January 3

Doctrine and Covenants 1

Joseph Smith – History 1:1-26

Voices of the Restoration: Joseph Smith's Family

January 11-17

Doctrine and Covenants 2

Joseph Smith – History 1:27-65

January 18-24

Doctrine and Covenants 6-9

Voices of the Restoration: Translation of the Book of Mormon



2021

DOCTRINE & Covenants

DEC 28- JAN 3: D&C 1	JAN 4-10: JS-HIST 1:1-26	JAN 11-17: D&C 2: JS-HIST 1:27-65	JAN 18-24: D&C 3-5		
JAN 25-31: D&C 6-9	FEB 1-7: D&C 10-11	FEB 8-14: D&C 12-13: JS-HIST 1:66-75	FEB 15-21: D&C 14-17	FEB 22-28: D&C 18-19	MAR 1-7: D&C 20-22
MAR 8-14: D&C 23-26	MAR 15-21: D&C 27-28	MAR 22-28: D&C 29	MAR 29- APR 4: EASTER	APR 5-11: D&C 30-36	APR 12-18: D&C 37-40
APR 19-25: D&C 41-44	APR 26- MAY 2: D&C 45	MAY 3-9: D&C 46-48	MAY 10-16: D&C 49-50	MAY 17-23: D&C 51-57	MAY 24-30: D&C 58-59
MAY 31- JUNE 6: D&C 60-62	JUNE 7-13: D&C 63	JUNE 14-20: D&C 64-66	JUNE 21-27: D&C 67-70	JUNE 28- JULY 4: D&C 71-75	JULY 5-11: D&C 76
JULY 12-18: D&C 77-80	JULY 19-25: D&C 81-83	JULY 26- AUG 1: D&C 84	AUG 2-8: D&C 85-87	AUG 9-15: D&C 88	AUG 16-22: D&C 89-92
	AUG 23-29: D&C 93	AUG 30- SEPT 5: D&C 94-97	SEPT 6-12: D&C 98-101	SEPT 13-19: D&C 102-105	
	SEPT 20-26: D&C 106-108	SEPT 27- OCT 3: D&C 109-110	OCT 4-10: D&C 111-114	OCT 11-17: D&C 115-120	
	OCT 18-24: D&C 121-123	OCT 25-31: D&C 124	NOV 1-7: D&C 125-128	NOV 14-21: D&C 129-132	
	NOV 8-14: D&C 133-134	NOV 15-21: D&C 135-136	NOV 22-28: D&C 137-138	NOV 29- DEC 5: D&C 137-138	DEC 6-12: A of F & OD 1 & 2
	DEC 13-19: The Family Proclamation	DEC 20-26: Christmas			

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THE RESTORATION OF THE FULNESS OF THE GOSPEL OF JESUS CHRIST

A BICENTENNIAL PROCLAMATION TO THE WORLD

THE FIRST PRESIDENCY AND COUNCIL OF THE TWELVE APOSTLES
OF THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

We solemnly proclaim that God loves His children in every nation of the world. God the Father has given us the divine birth, the incomparable life, and the infinite atoning sacrifice of His Beloved Son, Jesus Christ. By the power of the Father, Jesus rose again and gained the victory over death. He is our Savior, our Exemplar, and our Redeemer.

Two hundred years ago, on a beautiful spring morning in 1820, young Joseph Smith, seeking to know which church to join, went into the woods to pray near his home in upstate New York, USA. He had questions regarding the salvation of his soul and trusted that God would direct him.

In humility, we declare that in answer to his prayer, God the Father and His Son, Jesus Christ, appeared to Joseph and inaugurated the “restitution of all things” (Acts 3:21) as foretold in the Bible. In this vision, he learned that following the death of the original Apostles, Christ’s New Testament Church was lost from the earth. Joseph would be instrumental in its return.

We affirm that under the direction of the Father and the Son, heavenly messengers came to instruct Joseph and re-establish the Church of Jesus Christ. The resurrected John the Baptist restored the authority to baptize by immersion for the remission of sins. Three of the original twelve Apostles—Peter, James, and John—restored the apostleship and keys of priesthood authority. Others came as well, including Elijah, who restored the authority to join families together forever in eternal relationships that transcend death.

We further witness that Joseph Smith was given the gift and power of God to translate an ancient record: the Book of Mormon—Another Testament of Jesus Christ. Pages of this sacred text include an account of the personal ministry of Jesus Christ among people in

the Western Hemisphere soon after His Resurrection. It teaches of life’s purpose and explains the doctrine of Christ, which is central to that purpose. As a companion scripture to the Bible, the Book of Mormon testifies that all human beings are sons and daughters of a loving Father in Heaven, that He has a divine plan for our lives, and that His Son, Jesus Christ, speaks today as well as in days of old.

We declare that The Church of Jesus Christ of Latter-day Saints, organized on April 6, 1830, is Christ’s New Testament Church restored. This Church is anchored in the perfect life of its chief cornerstone, Jesus Christ, and in His infinite Atonement and literal Resurrection. Jesus Christ has once again called Apostles and has given them priesthood authority. He invites all of us to come unto Him and His Church, to receive the Holy Ghost, the ordinances of salvation, and to gain enduring joy.

Two hundred years have now elapsed since this Restoration was initiated by God the Father and His Beloved Son, Jesus Christ. Millions throughout the world have embraced a knowledge of these prophesied events.

We gladly declare that the promised Restoration goes forward through continuing revelation. The earth will never again be the same, as God will “gather together in one all things in Christ” (Ephesians 1:10).

With reverence and gratitude, we as His Apostles invite all to know—as we do—that the heavens are open. We affirm that God is making known His will for His beloved sons and daughters. We testify that those who prayerfully study the message of the Restoration and act in faith will be blessed to gain their own witness of its divinity and of its purpose to prepare the world for the promised Second Coming of our Lord and Savior, Jesus Christ.

This proclamation was read by President Russell M. Nelson as part of his message at the 190th Annual General Conference, April 5, 2020, in Salt Lake City, Utah.

Temple and Family History –January 2021

Temple activity has almost come to a halt as the result of the current pandemic. The church is very cautious and has limited the amount of temple activity to ordinances for the living. So in the mean time, church leadership has suggested that members spend time with Family History.

Given that, I thought that it would be interesting to review the Family History activity for our North Canyon Fifth Ward. It should be noted that there is a Family History report just for our ward. Here is some interesting information from that report.

During 2020, there were 157 members of the ward who, through the month of November, logged into Family Search. That compares to 173 in 2019 and 149 in 2018 who logged in. There were 44 members who submitted names to Family Search in 2020 compared to 76 submitted in 2019. In addition to names, some members added memories about ancestors to Family Search.

There is one activity that anyone can participate in and that is indexing. Did you know that there is an indexing group for our ward? There are 50 members of that group. Of course one does not need to belong to the group to index information. Participation in indexing has not been great. This year only 11 individuals have participated in indexing. There were 12 in 2019 and 14 in 2018. Those 11 individuals indexed 1110 records in October, 1633 records in November and 122 records in December.

So what is the bottom line? Family History activity in our ward overall does need a boost. Let's do whatever we can. There really are some fun things available on Family Search. Let's look for them.

Lawrence Schreiner
Ward Temple and Family History Leader



Priesthood Message

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Church Mice.

Young Women's Message



We finished up our "Go and Do" 2020 year by participating in Sub for Santa with the ward and tying blankets to be donated to a local charity. We want to thank all who participated during this challenging year. Whether it was coming to limited activities, tuning in and participating in our YW Zoom or just serving others in anyway possible. We love all our YW and the amazing women they are becoming.

We are so excited to welcome in a new year and with a new year brings a new youth theme... "Wherefore, be not weary in well-doing, for ye are laying the foundation of a great work. And out of small things proceedeth that which is great. Behold, the Lord requireth the heart and a willing mind." D&C 64:33-34. There is a great work for our youth and we are excited to be a part of it and watch it unfold.

We would like to give a big welcome to all the new Young Women this year. Chessa Phillips, Indie Creighton, Sage Brice, McKenzie Barton, Grace Scoville, Elizabeth Loftus, MaryKate Gardner, Chloe Harker and Elli Harker. We are excited to get to know each of you and include you in our YW group.

In January we will have two activities. One on January 13th and one on January 27th. Watch for details. Also, for those 14 and up, watch for information about FSY signups-our ward's week is July 19th at Snow College!

Relief Society's Message

As 2020 comes to a close and we recently finished Ministering Interviews, we would like to express gratitude to each of you for caring and loving one another so freely. We were deeply touched to hear your stories and watch as you jumped into action. We also would like to express gratitude for the preparation and participation in the wonderful RS Sunday lessons. Tammy Brice taught last weeks' lesson and shared the following quote by Sister Chieko Okasaki in her book Lighten Up.

"Well, my dear sisters, the gospel is the good news that can free us from guilt. We know that Jesus experienced the totality of mortal existence in Gethsemane. It's our faith that he experienced everything- absolutely everything. Sometimes we don't think through the implications of that belief. We talk in great generalities about the sins of all humankind, about the suffering of the entire human family. But we don't experience pain in generalities. We experience it individually. That means he knows what it felt like when your mother died of cancer- how it was for your mother, how it still is for you. He knows what it felt like to lose the student body election. He knows that moment when the brakes locked and the car started to skid. He experienced the slave ship sailing from Ghana toward Virginia. He experienced the gas chambers at Dachau. He experienced Napalm in Vietnam. He knows about drug addiction and alcoholism. Let me go further. There is nothing you have experienced as a woman that he does not also know and recognize. On a profound level, he understands the hunger to hold your baby that sustains you through pregnancy. He understands both the physical pain of giving birth and the immense joy. He knows about PMS and cramps and menopause. He understands about rape and infertility and abortion. He understands your mother-pain when your five-year-old leaves for kindergarten, when a bully picks on your fifth grader, when your daughter calls to say that the new baby has Down syndrome. He knows your mother-rage when a trusted babysitter sexually abuses your two-year-old, when someone gives your thirteen-year-old drugs, when someone seduces your seventeen-year-old. He knows the pain you live with when you come home to a quiet apartment where the only children are visitors, when you hear that your former husband and his new wife were sealed in the temple last week, when your fiftieth wedding anniversary rolls around and your husband has been dead for two years. He knows all that. He's been there. He's been lower than all that. He's not waiting for us to be perfect. Perfect people don't need a Savior. He came to save his people in their imperfections. He is the Lord of the living, and the living make mistakes. He's not embarrassed by us, angry at us, or shocked. He wants us in our brokenness, in our unhappiness, in our guilt and our grief."

Our Lessons in January will be as follows:

Jan 10th- Courtney Morrill teaching "Recommended to the Lord" by Elder Rasband

Jan 24th- Brooke Freebairn teaching "We Will Prove Them Herewith" by Elder Bednar

Jan 31st- 5th Sunday Joint Lesson with EQ and RS taught by Bishop Wright

One final reminder... we ask that as transmission numbers for the COVID virus are still high that you give sisters social distance and refrain from hugging or touching another sister unless permission is given. Some of our sisters are high risk and feel very vulnerable. We *all* look forward to a time in the future filled with hugs and sitting shoulder to shoulder. We love you all and respect your feelings and needs!

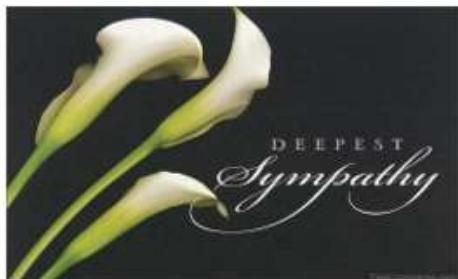


Humanitarian Committee

The Humanitarian Committee will be making Pantry Packs for the Bountiful Food Pantry in January. Please use the following link to sign-up for donations. Further information on picking up your donations will be coming soon. Thank you for your generosity to the children in need. Please Contact Leilani Porter should you have any questions.

<https://www.signupgenius.com/go/60B0D48A4A82AAAF94-pantry>

Condolences



Our thoughts and prayers go out to the families of Bob Hood, LeR Beauregard, and Andy Anderson. We are saddened by their loss. Please keep Susan Hood, Larry and Kay Gerber, and Faye and Kristy Anderson and their families in your prayers.

Miscellaneous

Talicia Porter has discovered a need at South Valley Services. It has been a difficult year for many, and they would appreciate anything you could do. This is a list of their urgent needs.



URGENT NEEDS LIST

- Floor Cleaner (For mopping)
- Strollers (Used or New)
- Tall Kitchen Garbage Bags
- Extra Long Twin Sheets
- Blankets (big enough for a twin bed or larger)
- Hand Soap
- Paper Plates /Bowls
- Disposable Cups
- Plastic Cups
- Plastic Ware (Forks and Spoons)
- Bath Towels
- Bras (All sizes!)
- Hand Sanitizer
- Baby Wipes
- Diapers sizes 5 and 6
- Women's, Men's, and Children's Underwear (Mostly Boys Underwear)
- Women's Shoes (For walking / comfortable shoes)
- Paper Towels

For the protection of the residents the items need to be new (with exception to the strollers). If you have any questions or would like to schedule a pickup, please contact me at: TaliciaPorter1@gmail.com 801-837-3257

Sunday School Message

With the new year, we have new Sunday School Class Assignments. Below you will find the Youth assignments and the links to the two Gospel Doctrine classes are as follows:

Class A Zoom Meeting

<https://us05web.zoom.us/j/89857567361?pwd=Sk5qZG1iRFNaOUh3bIXVGIJMTZEZz09>

Class B Zoom Meeting

<https://us05web.zoom.us/j/81056128459?pwd=YWZnS0psc3ppVXNtQ2toWTJwL2FIZz09>

The passcode for both classes is "Gospel"

Course 11

Teachers:
Bailee and Derek Cooper
Class:
Mackenzie Barton
Sage Brice
Indie Creighton
Carson Freebairn
MaryKate Gardner
Chloe Harker
Eli Harker
Elizabeth Loftus
Chessa Phillips
Grace Scoville
Caleb Stats

Course 13 & 14

Teachers:
Britnie Larsen and Ashley Miller
Class:
Naomi Brice
Eliza Davis
Savannah Hooker
Taylor Johnston
Lincoln Loftus
Charles Mortensen
Brighton Reed
Wesley Vedaa
Owen Hansen
Hope Jensen
Payton Lee
Evan Phillips

Course 16 & 17

Teachers:
Steve Brown and Wayne Carlson
Class:
Jaden Anderson
Jaina Davis
Greta Jensen
Arthur Hunter
Hannah Wilson
Noah Wright
Rylie Johnston
Lydia Loftus
Ammon Rodgers
Sarah Aycock
Chaden Barton
Richard Davis
Rebecca Ann Draper
Logan Hooker
Samuel Jensen
Breanna Mortensen
Christopher Porter
Haylee Shirley
Sadie Stats
Emily Vedaa
Autumn Upvall

Course 12

Teachers:
Damon and Wendy Hooker
Class:
Grace Baker
McGuire Barton
Ammon Erickson
Cedric Hunter
Elsa Jensen
Bowen Reed
Jayden Sorenson
Lily Freebairn
Patrick Turpin
Bo Lisa Tippetts

Course 15

Teachers:
Shellie and Kent Njord
Class:
Ethne Creighton
Chilyn Barton
Eilee Davis
Jimmy Davis
Mathew Draper
Dylan Hansen
Orson Hunter
Grant Jensen
Jensen Phillips
Wyatt Shirley
Kienna Stats
Hank Tippetts
Loni Tippetts
Isabella Wright
Melissa Turpin
Michael Freebairn



January Birthdays

3 Dominique Albright
Lily Freebairn
Tiger Jesperson
5 Alexander Sorenson
8 Leilani Porter
Brad Samuelsen
Adeline Zubal
9 Dana Jankowski
Nathaniel Rodgers
10 Kathi Shelley
11 Leland Morrill
Bo Tippetts

12 Wayne Carlson
Cassandra Opheikens
Sadie Stats
13 Helen Midgley
15 Becky Andres
17 Kaitlyn Gardner
17 Emilie Turpin
18 Teresa Andersen

21 Joshua Minson
24 Kim Shirley
26 Haylee Shirley
27 Judy Kelly
Kody Reed
Katherine Thompson
28 Maggie Draper
Chessa Phillips
Stephen Phillips
29 Donald Clifford
30 Rachel Jensen
Clark Loftus
Joyce Craig



Keep your eyes on
your dreams however
distant and far away.

Live to see the miracles of
repentance and forgiveness,
of trust and divine love that
will transform your life today,
tomorrow, and forever.

That is a
New Year's resolution
I ask you to keep.

-Jeffrey R. Holland