

# NORTH CANYON 5<sup>TH</sup> WARD SPIRE

Many of us have fond memories of our fathers or enjoy loving relationships with them still. Some of us don't know our fathers, some have negative feelings towards them. This just shows how the circumstances of life aren't equal for all. That's something we accepted when we chose to come to earth. Regardless of our individual relationships with our fathers, the ideal of fatherhood is noble and important just as is motherhood. As saints we strive for many ideals taught throughout the gospel principles. Even though we won't achieve perfection in this life we find joy striving to do our best. In fact, that is part of the "good news" of the plan: that our Heavenly Father loves us each for who we are regardless of how we may have faltered, or falter still or will do so in the future. For some, failing to live up to the celestial ideal brings great anxiety, or sorrow or loss of testimony. However, understanding God's true nature helps wash away those concerns. Brother Brian K. Ashton taught:

Having "a *correct* idea of [Heavenly Father's] character, perfections, and attributes" is essential to exercising faith sufficient to obtain exaltation. A correct understanding of Heavenly Father's character can change how we see ourselves and others and help us to understand God's tremendous love for His children and His great desire to help us become like Him. An incorrect view of His nature can leave us feeling as if we are incapable of ever making it back to His presence.

He related how his wife Melinda, "felt unworthy of Heavenly Father's love because she misunderstood His nature." This went on for many years through her youth into adulthood. Finally, she had several experiences that taught her how He really feels about her and it changed her whole outlook. "I now feel sure that the Father's plan works, that He is personally invested in our success, and that He provides us with the lessons and experiences we need to return to His presence. I see myself and others more as God sees us. I am able to parent, teach, and serve with more love and less fear. I feel peace and confidence rather than anxiety and insecurity. Instead of feeling judged, I feel supported. My faith is more certain. I feel my Father's love more often and more deeply."

So, what are God's true characteristics?

- The Father is "Endless and Eternal."
- He is perfectly just, merciful, kind, long-suffering, and wants only what is best for us.
- Heavenly Father is love.
- He keeps His covenants.
- He does not change.
- He cannot lie.
- The Father is no respecter of persons.
- He knows all things—past, present, and future—from the beginning.
- Heavenly Father is more intelligent than us all.
- The Father has all power and does all that He takes into His heart to do.

These are characteristics we can have faith in and that give us confidence to be ourselves yet strive for improvement.

His mercy shows he loves us in spite of our weaknesses and sent Jesus to atone for us because he wants each to return to Him. He knows we'll fail and loves us so much that He made sure that it doesn't matter if we only pick ourselves up, turn to Him and strive to do better. I hope we can all be blessed with this understanding and work to live up to His great fatherly example.



# Come Follow Me

When I was a little boy I was given a small Bible. If I remember correctly, it was only the New Testament. As I read I was drawn to 1 Corinthians 13, which is about charity, and, even as a child, I knew that for me that chapter was about the family I would someday have. Years later, before I was married, I received a patriarchal blessing. In that blessing the patriarch described the feeling that would someday be in my home. He described exactly what I had felt years before when I read 1 Corinthians 13, and I knew that the scriptures were a way that God speaks to me.

Since my needs have changed over my lifetime, God has communicated to me different things at different times. He has used the scriptures to counsel me about my needs, my situation, and my life. But I learned that I must go to the scriptures in order to find that counsel.

Sometimes I go to the scriptures for doctrine. Sometimes I go to the scriptures for instruction. I often go to the scriptures with the questions “What would God have me do?” or “What would He have me feel?” Invariably I find new ideas and thoughts I have never had before, and I receive inspiration, instruction, and answers to my questions that benefit me personally.

Above excerpt from Henry B Eyring Blog: How God speaks to me through the Scriptures

## **May 31 – June 6**

Doctrine and Covenants 60-62

## **June 7-13**

Doctrine and Covenants 63

## **June 14-20**

Doctrine and Covenants 64-66

## **June 21-27**

Doctrine and Covenants 67-70

## **Doctrine and Covenants 121:45**

45 Let thy bowels also be full of charity towards all men, and to the household of faith, and let virtue garnish thy thoughts unceasingly; then shall thy confidence wax strong in the presence of God; and the doctrine of the priesthood shall distil upon thy soul as the dews from heaven.



# Elder's Quorum

## June/July Lessons:

June 13- "Your Priesthood Responsibilities"

June 27- "God Among Us"

July 11- "The Principles of My Gospel"

July 25- "Bishops, Shepherds Over the Lord's Flock"

"We want to thank the good brethren who helped with the Gardner move, funeral chair setup, pasta mill assignments, and those who have reported their current ministering status."

## The 5th Ward Elders Quorum Presidency



Happy  
*Father's*  
Day

"Ordinary people who faithfully, diligently, and consistently do simple things that are right before God, will bring forth EXTRAORDINARY results"

-Elder David A. Bednar-

# Relief Society

In his April 2016 General Conference address, Elder D. Todd Christofferson stated, “The role of father is of divine origin, beginning with a Father in Heaven and, in this mortal sphere, with Father Adam.

The perfect, divine expression of fatherhood is our Heavenly Father. His character and attributes include abundant goodness and perfect love. His work and glory are the development, happiness, and eternal life of His children. Fathers in this fallen world can claim nothing comparable to the Majesty on High, but at their best, they are striving to emulate Him, and they indeed labor in His work. They are honored with a remarkable and sobering trust.”

In thinking about the fathers in my life, both past and present, I feel gratitude for their efforts and sacrifices. The lessons I have learned and still learn as I watch them not only expressing their beliefs or dispensing their wisdom but living lives worthy of example are endearing and invaluable. Writer Clarence B. Kelland said: “My father didn’t tell me how to live. He lived and let me watch him do it.” Author Umberto Eco adds: “I believe that what we become depends on what our fathers teach us at odd moments, when they aren’t trying to teach us. We are formed by little scraps of wisdom.” Obviously, parents are not absolved from intentionally and prayerfully teaching by precept. But the power of day-to-day example cannot be underestimated.

Children are keen observers, and in their innocence, they perceive truths some of us might miss. Recently, a group of professionals posed this question to four- to eight-year-old children: “What does love mean?” Below are some answers involving fathers and grandfathers.

“When my grandmother got arthritis, she couldn’t bend over and paint her toenails anymore. So, my grandfather does it for her all the time, even when his hands got arthritis, too. That’s love.” Rebecca, age 8. “Love is when Mommy gives Daddy the best piece of chicken.” Elaine, age 5.

“Love is like a little old wife and a little old husband who are still friends even after they know each other so well.”  
Tommy, age 6.

“Love is when Mommy sees Daddy smelly and sweaty and still says he is handsomer than Robert Redford.” Chris, age 7.

So, to all you fathers out there, whether or not you paint toenails, eat chicken, or perspire, we love you for giving us and our children life, for all your best efforts, and for your sacrifices which benefit all of us. Happy Father’s Day!

Linda Schneider and the Relief Society Presidency

## **Relief Society lessons for June are as follows:**

June 13: “This Is Our Time,” by Elder Nielsen, taught by Tammy Brice

June 27: “Infuriating Unfairness,” by Elder Renlund, taught by Courtney Morrill

Lessons will be taught in person in the Relief Society room and on Zoom. The Zoom link is:

<https://zoom.us/j/97535532922?pwd=ZEdFWmRZQnF1S1owendUWXUxUHFEQT09>

Meeting ID: 975 3553 2922

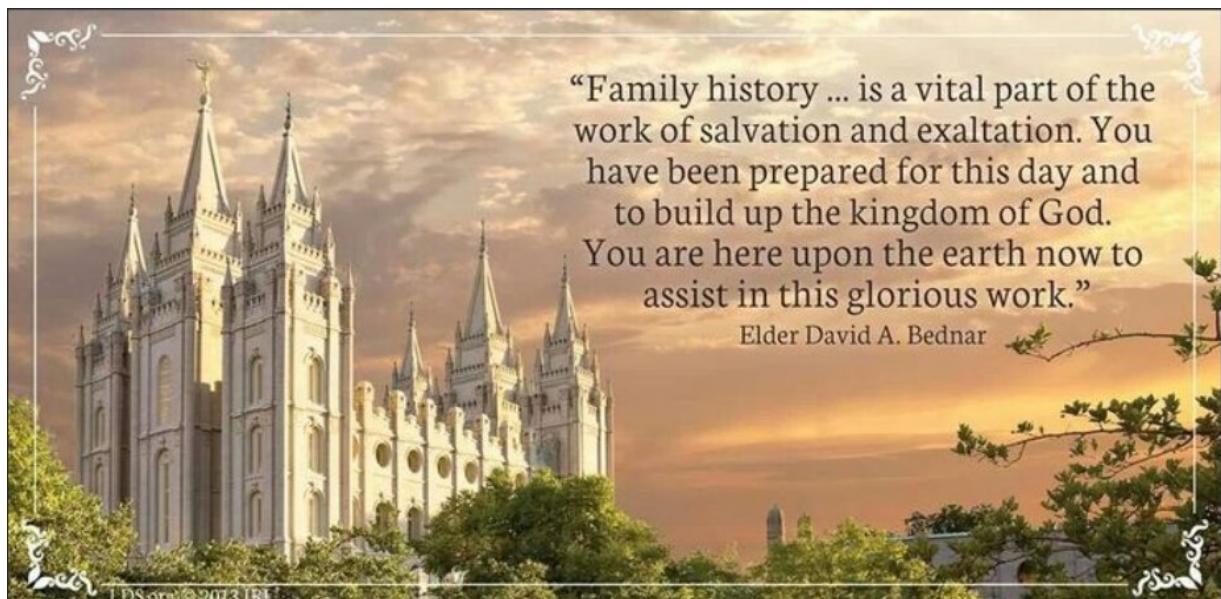
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# Temple and Family History

What do you know about your grandparents? What do your kids know about their grandparents? What do your kids know about you? It is exciting to know something about those family members. Here are some questions that you or your kids might ask to learn more about them.

1. When and where were you born?
2. What were your parent's names?
3. What is the happiest memory of your father? Your Mother?
4. What is the most important lesson your parents taught you?
5. What are the names of your grandparents?
6. What is your happiest memory of your grandparents?
7. Where did you grow up?
8. What did you do for fun as a child?
9. How did you like school?
10. What did you want to be when you grew up?
11. Tell me about your first date.
12. How did you meet Grandma/Grandpa?
13. Tell me about the day my mom/dad was born.
14. What advice would you give to new parents?
15. What jobs have you had?
16. Did you serve in the military, if so do you have memories from that service?
17. Did you have any hobbies?
18. What chores did you have to do around the house?
19. What was your favorite childhood toy?
20. What would be your recipe for happiness?

These are just a few ideas for questions that you might ask your grandparents. You might think of many others. If you ask, the answers will come. Be sure to have a notebook so that you can write the answers down so that you do not forget them. Or better still, record the questions and their answers.



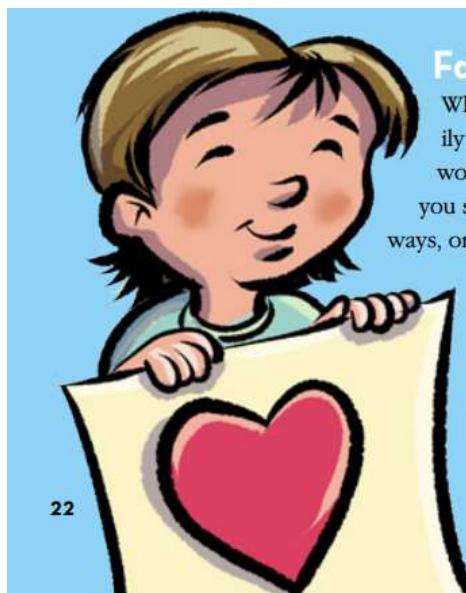


Congratulations to Isaac Erickson and Henry Davis on their choice to be baptized. They were baptized on June 6, 2021.  
We are so proud of them.

# Primary

**Activity Day's  
for girls and boys**

Wednesday, June 9th @3:45  
Wednesday, June 23rd @3:45



**Family Riddle**

What makes any family stronger? Circle the word "family" every time you see it (up, down, sideways, or diagonal). Cross out any Zs, Qs, and Ws. Then unscramble the leftover letters. Check your answer on page 48.

— — — — —

Q	Z	L	F	W	Q	Z
Y	Q	W	A	Z	Y	W
L	Z	Z	M	L	Q	E
I	Y	L	I	M	A	F
M	O	M	L	Z	Q	W
A	A	Q	Y	V	Z	W
F	A	M	I	L	Y	Q

Joseph's father told him to do as Moroni commanded and go to the place where Moroni had **hidden** the golden plates. Connect the dots to see what was hidden underneath the stone.



**Joseph Smith—History 1:50–60**

🔍 What happened to the plates after Joseph accomplished all that was required with them?

# Emergency Preparedness

## Why Block Captains?

Did you know you have two Block Captains on your block? Who are they and what do they do?

Block Captains assist before, during and after an emergency with communication and physical help when needed. They are the eyes and ears of the block. The Block Captains work together to assess any needs neighbors may have and request help for added support. One important thing to note is that in an actual emergency the first priority of your Block Captains will be to their own safety and their families. Block Captains are assigned between 3-5 houses. If you do not know who your Block Captain is, please contact me and I'll let you know.

## How can you help your Block Captain?

Be in communication. Our goal is that every home in the neighborhood have a designated Emergency Contact. That person should be the one to communicate with their block captain by text messaging at the least. There are messages that are delivered from your block captain about emergency Preparation or emergency alerts. The household emergency contact should also pass on these communications to all those in the household, so all are informed. Communication from the Block Captain should be restricted to Emergency Preparation or Emergency Alerts.

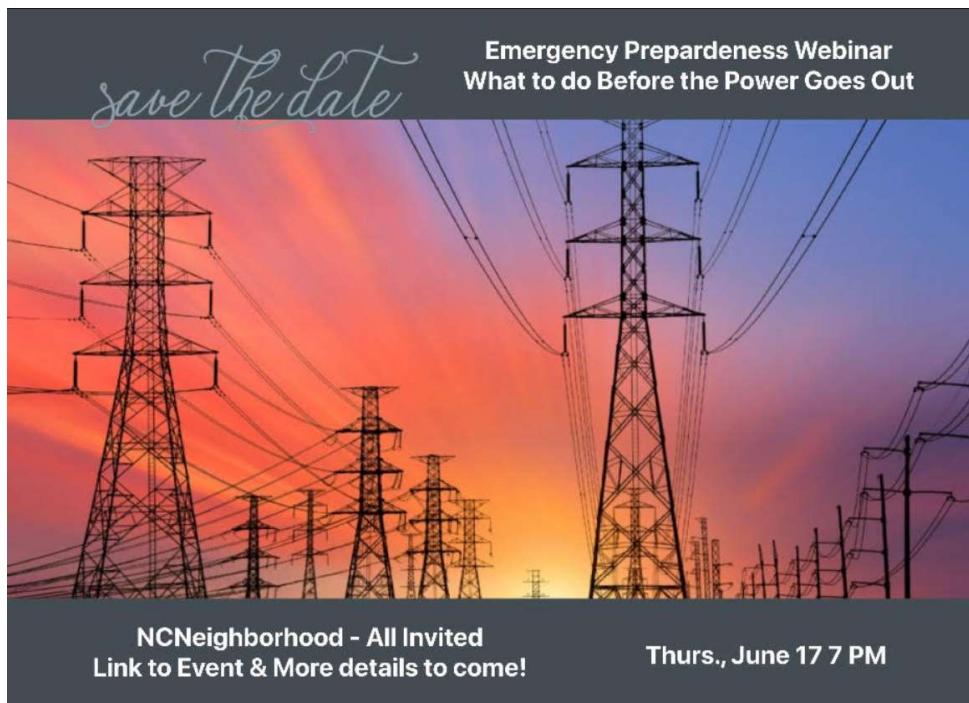
Recently an alert went out to block captains about a lady that verbally attacked a member of our neighborhood. Within hours we got video of the women from a neighbor's ring doorbell! Texting works and works fast!!!

It is important that we all stay vigilant and in communication. Let's get to know each other so when an emergency hits it will be easier to all work together.

You should be receiving a notice from your block captain soon about an Emergency Preparation Webinar to be held June 17th at 7:00 PM. All are invited. Look for more details with the link to attend before the event.

We live in such a wonderful neighborhood with such good people!!! Thanks for all you do. Let's do what we can now to prepare for whatever may come in the future.

Kyle Wilson  
Emergency Preparation Coordinator

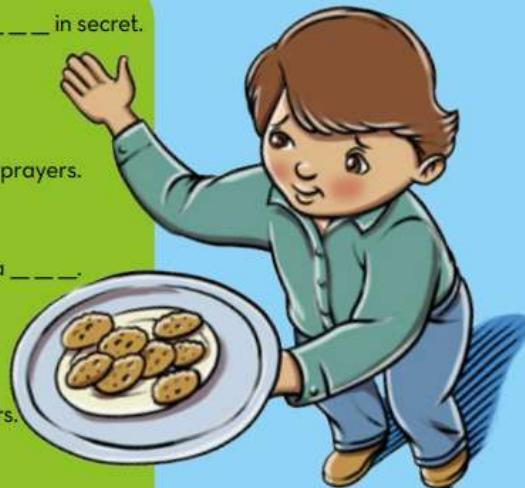




# Happy Birthday

June 1	June 7	June 16	June 22
Clark Sabey	Wirtjo Leonard	Charlene Samuelsen	Cody Creighton
June 2	Robin Phillips	June 18	Maycie Dalley
Gladys Carter	June 8	Ronald Young	June 25
Eliza Davis	Richard Davis	June 19	Tyler Freebairn
Jordan Wilson	Amber Gardner	Janene Phillips	June 26
June 3	Shauna Sabey	Jeff Springer	Linda Marrelli
Elliot Erickson	June 11	June 20	June 29
Britnie Larsen	Bryan Green	Lawrence Schreiner	Janet Park
Rhett Phillips	June 12	June 21	July 1
June 5	Kassie Jespersen	Gina Daniels	Lindsay Pearson
Henry Davis	Judy Tayler	Tyler Harker	July 2
June 6	June 13	Grace Hooper	Grace Scoville
Alexander Frank	Ethne Creighton	Kent Njord	July 3
	Larry Curtis		Chaden Barton
	Lynnette Nielsen		Lori Cerar
			Elliot Erickson

1. Do something nice for a sibling, like doing their \_\_\_\_\_ in secret.
2. \_\_\_\_\_ and say, "I love you."
3. Always be happy to join in family \_\_\_\_\_.
4. Pray for each \_\_\_\_\_ member in your personal prayers.
5. Start a new family \_\_\_\_\_.
6. Say something nice to everybody in your family once a \_\_\_\_\_.
7. Collect family history \_\_\_\_\_.
8. Get ready for \_\_\_\_\_ before it's time to go.
9. Share your \_\_\_\_\_ and look for talents in others.
10. Give \_\_\_\_\_!
11. Help gather your family for \_\_\_\_\_ study.
12. Volunteer to help with family \_\_\_\_\_ evening.
13. Memorize favorite Church \_\_\_\_\_ to sing with your family.
14. Leave \_\_\_\_\_ or nice notes where your family can find them.
15. Share your favorite \_\_\_\_\_, but most of all, share time together!



day	talents
smile	home
chores	prayer
scripture	hugs
toys	tradition
stories	treats
church	songs
	family

# Happy Father's Day

As a Church, we believe in fathers. We believe in “the ideal of the man who puts his family first.”<sup>2</sup> We believe that “by divine design, fathers are to preside over their families in love and righteousness and are responsible to provide the necessities of life and protection for their families.”<sup>3</sup> We believe that in their complementary family duties, “fathers and mothers are obligated to help one another as equal partners.”<sup>4</sup> We believe that far from being superfluous, fathers are unique and irreplaceable.



**FATHER  
IS THE NOBLEST**

TITLE A MAN CAN BE GIVEN.  
IT IS MORE THAN A BIOLOGICAL ROLE  
IT SIGNIFIES  
A LEADER, AN EXEMPLAR  
A CONFIDANT, A TEACHER  
A HERO, A FRIEND  
AND, ULTIMATELY, A PERFECT BEING.  
-ELDER ROBERT L. BACKMAN

The perfect, divine expression of fatherhood is our Heavenly Father. His character and attributes include abundant goodness and perfect love. His work and glory are the development, happiness, and eternal life of His children.<sup>6</sup> Fathers in this fallen world can claim nothing comparable to the Majesty on High, but at their best, they are striving to emulate Him, and they indeed labor in His work. They are honored with a remarkable and sobering trust.